



NEVER RIDE AGAINST TRAFFIC. Ride with traffic to avoid potential accidents.



USE LIGHTS AT NIGHT and when visibility is poor. At least one front white light and one rear red flashing light.



RIDE IN A STRAIGHT LINE to the right of traffic and atleast 5 feet away from parked cars. Do not dodge between parked cars.



ALWAYS WEAR A HELMET. Helmets dramatically reduce the risk of head injury in a bicycle accident. Helmets required if under 16.