



AGE-FRIENDLY DC Block-by-Block Walk Volunteer Training

Background on Age-Friendly DC

- Mayor Vincent Gray and Councilmembers committed to making DC an Age-Friendly city by 2017 as part of the pilot AARP Network of Age-Friendly Communities through the World Health Organization.



Outdoor Spaces
and Buildings



Transportation



Housing



Social Participation



Respect and Social
Inclusion



Civic Participation
and Employment



Communication
and Information



Community Support
and Health Services



Emergency Preparedness
and Resilience



Elder Abuse,
Neglect and Fraud

Background on Age-Friendly DC



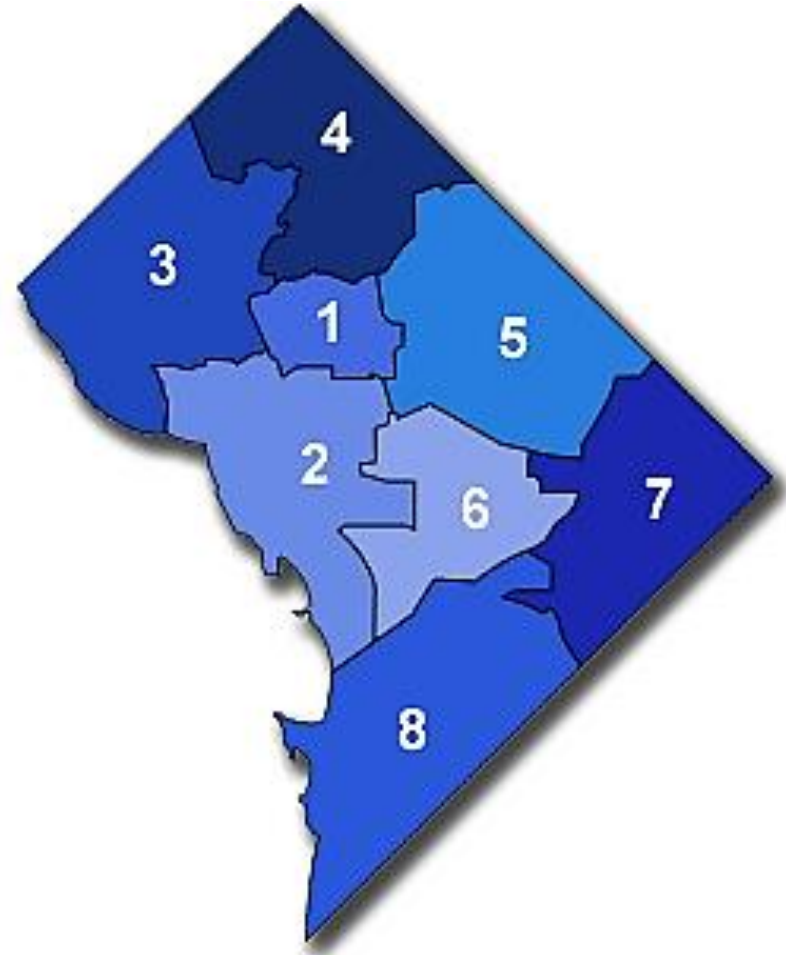
Mayor Vincent C. Gray swears in Deputy Mayor Otero and President Knapp as co-chairs of the Age-Friendly DC Task Force.

Age-Friendly DC Block-by-Block Walk

- **Purpose:** Identify neighborhood assets and issues needing attention through the lens of older DC residents.
- **Goal:** Compile the results and integrate into the Age-Friendly DC Strategic Plan to advocate, plan and organize around.
- **Your Part:** Walk and survey every street within your assigned Single Member District.

The District

- ❑ The District is divided into eight Wards.
- ❑ Eight Wards are further divided into 40 Advisory Neighborhood Commissions (ANCs).
- ❑ 40 ANCs are further divided into 296 Single Member Districts (SMDs).



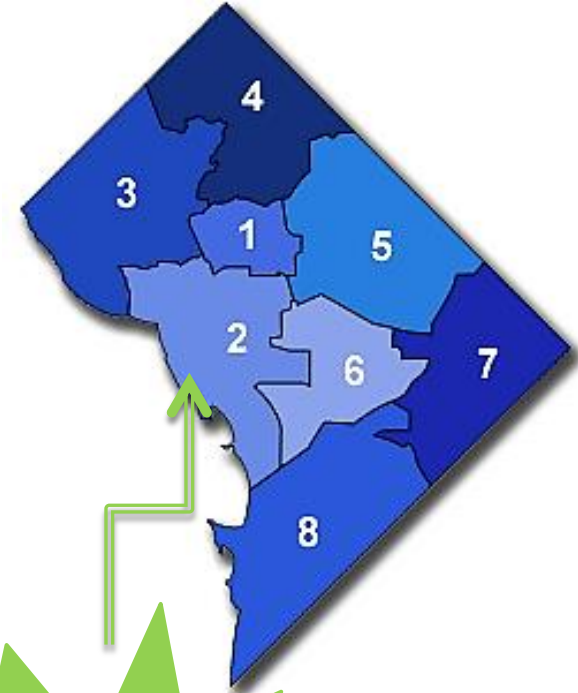
SMD Example

Your SMD is 2A07

“2” represents
your Ward
number

“2A07” represents
your Single Member
District (SMD)

“2A” represents your
Advisory Neighborhood
Commission (ANC)



You Are
Here



What you'll need for
the walk!

Team Member Roles

- ❑ **Volunteer #1:** Complete Survey
- ❑ **Volunteer #2:** Record information about Pedestrian Crossings
- ❑ **Volunteer #3:** Report service requests using the 311 app (must have a smartphone)

Volunteer Profile

- ❑ Everyone in the group must fill out a volunteer profile sheet

VOLUNTEER #2 PROFILE

Circle the appropriate answer(s).

A. Your role(s) in the Walk

Volunteer 1 (Survey Sheet)	Volunteer 2 (Pedestrian Crossing)	Volunteer 3 (311 Reporter)	Neighborhood Ambassador
-------------------------------	--------------------------------------	-------------------------------	----------------------------

B. Gender

Male	Female	Transgender
------	--------	-------------

C. Age range

Under 30	30-39	40-49	50-59	60-69	70+	Decline
----------	-------	-------	-------	-------	-----	---------

D. Are you of Hispanic or Latino origin or heritage?

Yes	No
-----	----

E. Race (All that apply)

American Indian or Alaska Native	Asian	Black, African American
Pacific Islander	White	Other:

F. I have mobility issues

Walker	Wheelchair	Cane	Move slowly	Other	N/A
--------	------------	------	-------------	-------	-----

G. I live in the District of Columbia

Yes	No
-----	----

H. If yes, the Single Member District (SMD) where I live is:

	Not sure
--	----------

I. I work in the District of Columbia

Yes	No
-----	----

J. If yes, the Single Member District (SMD) where I work is:

	Not sure
--	----------

Volunteer 1: Survey Sheet

- Count only items within your assigned SMD boundary line. Do not count items in bordering SMDs – they will be counted by another team.
- Many of the questions ask for a total number of items observed. Use tally marks to record the number along the way. Then total the tally marks, so the data can easily be entered into Survey Monkey.



SAFETY

Question #	Question	Tally (use hatch marks) or Circle		
POLICE				
6	# of police cars			
7	# of police on bicycles			
8	# of police walking or on Segways			
9	# of police using other transportation (motorcycle or horse)			
10	Were any of the police you saw Metropolitan Police Department (MPD) personnel?	Yes	No	Not Sure
SIDEWALKS				
<i>Report each problem to 311 using the mobile app or write the information on the pages provided at the end of the survey.</i>				
11	# of cracked sidewalks with vertical height change of ¼" or more			
12	# of uneven or loose sidewalks due to missing brick or other material			
13	# of blocks without sidewalks			
14	# of sidewalks not wide enough for two people to walk side-by-side			
15	# of sidewalks blocked by poles, signs, dumpsters, branches, vendors, etc.			
CURB CUTS				
<i>Report each problem to 311 using the mobile app or write the information on the pages provided at the end of the survey.</i>				
16	# of curb cuts			
17	# of curb cuts which are textured or marked for those with visual impairments			
18	# of sidewalks without curb cuts at corners, intersections or crosswalks			
PEDESTRIAN ISLANDS				
19	# of streets with pedestrian islands			
YIELD TO PEDESTRIAN				
20	# of Yield to Pedestrian signs			
PEDESTRIAN SIGNAL				
<i>Report each problem to 311 using the mobile app or write the information on the pages provided at the end of the survey.</i>				
21	# of pedestrian signals with visual countdown			
22	# of pedestrian signals with audible countdown			
23	# of pedestrian walk signals that changed before you fully crossed the street			
BIKING or SKATEBOARDING				
24	# of people biking or skateboarding ON the sidewalks			
DRIVERS				
25	# of drivers who drove through yellow lights			
26	# of drivers who did not stop completely at stop signs			
27	# of drivers who did not yield to pedestrians			

Survey Elements

Services

- Hospitals
- Pharmacies
- Schools
- Post Office
- Mail Boxes
- Library
- Metrorail
- Bus Stops
- Senior Center

Amenities

- Grocery Store
- Corner Store
- Laundromat
- Beauty Shop
- Bank/Credit Union
- Check-cashing Service
- Places of Worship
- Social Clubs
- Parks
- Community Gardens
- Fitness Clubs

Safety

- Police Presence
- Fire Stations
- Bikers, Skateboarders, Drivers
- Curb Cuts
- Pedestrian Islands
- Benches
- Trash Cans
- Vacant Storefronts
- Abandoned Lots/Buildings
- Public Restrooms
- Sidewalks
- Traffic Lights
- Pedestrian Signals

Volunteer 2: Pedestrian Crossing Sheet

☐ Pick six intersections in your SMD. You will answer six questions about each intersection.



1 four-way intersection counts as 1 analyzed intersection

PEDESTRIAN CROSSINGS

Complete one section (six questions) for each pedestrian crossing you encounter on your Walk.

Pedestrian Crossing #1

- a. Address/Intersection: _____
- b. How many lanes is the street crossing?

0	1	2	3	4	5	6+
---	---	---	---	---	---	----
- c. If there was a pedestrian signal with a countdown (audible or visual), how many seconds did the signal provide?

____seconds	No signal
-------------	-----------
- d. Are there a painted crosswalk or pedestrian walk lines?

Yes	No	Faded
-----	----	-------
- e. Is there a push-to-walk button on each side of the street?

Yes	No
-----	----
- f. Are you able to view oncoming cars or are parked vehicles, utility poles, trees or other items blocking the view of traffic?

Able to view	Not able to view
--------------	------------------

Pedestrian Crossing #2

- g. Address/Intersection: _____
- h. How many lanes is the street crossing?

0	1	2	3	4	5	6+
---	---	---	---	---	---	----
- i. If there was a pedestrian signal with a countdown (audible or visual), how many seconds did the signal provide?

____seconds	No signal
-------------	-----------
- j. Are there a painted crosswalk or pedestrian walk lines?

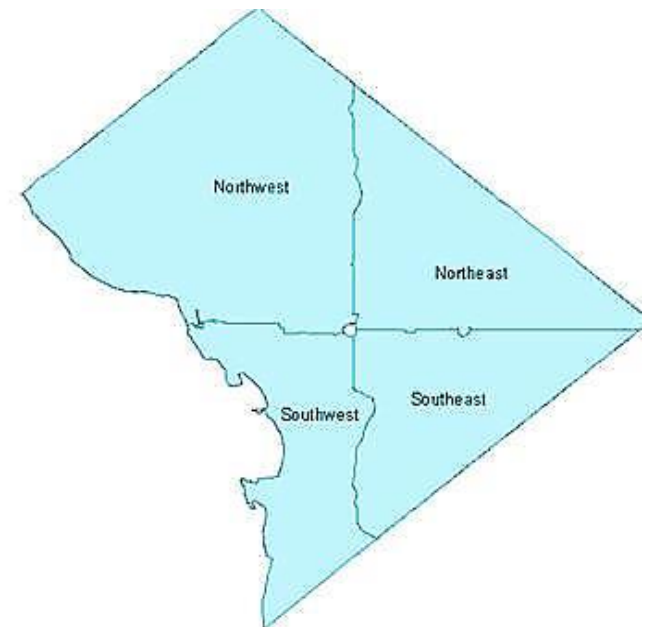
Yes	No	Faded
-----	----	-------
- k. Is there a push-to-walk button on each side of the street?

Yes	No
-----	----
- l. Are you able to view oncoming cars or are parked vehicles, utility poles, trees or other items blocking the view of traffic?

+	Able to view	Not able to view
---	--------------	------------------

Pedestrian Crossings

- ❑ Use **both** street names when referencing an intersection.
 - ❑ Eg: 17th St., NW and Pennsylvania Ave., NW
 - ❑ Eg: 14th St, NE and Brentwood Rd, NE
- ❑ Remember, DC has four quadrants, so you need to include the quadrant.



Volunteer 3: Items to be reported to 311

ITEMS TO BE REPORTED TO 311

Provide details of problems with sidewalks, pedestrian signals, streetlights, and curb cuts here.

Address or Hundred Block	Street Name	Quadrant	Intersection/Cross Streets
		<input type="checkbox"/> NW <input type="checkbox"/> NE <input type="checkbox"/> SW <input type="checkbox"/> SE	
Sidewalk Repair:	<input type="checkbox"/> Loose/uneven <input type="checkbox"/> Cracked <input type="checkbox"/> Too narrow <input type="checkbox"/> Blocked <input type="checkbox"/> Missing		
Curb and Gutter:	<input type="checkbox"/> No curb cut		
Traffic Signals:	<input type="checkbox"/> Not enough time to cross		
Streetlight:	<input type="checkbox"/> Broken/damaged		

Address or Hundred Block	Street Name	Quadrant	Intersection/Cross Streets
		<input type="checkbox"/> NW <input type="checkbox"/> NE <input type="checkbox"/> SW <input type="checkbox"/> SE	
Sidewalk Repair:	<input type="checkbox"/> Loose/uneven <input type="checkbox"/> Cracked <input type="checkbox"/> Too narrow <input type="checkbox"/> Blocked <input type="checkbox"/> Missing		
Curb and Gutter:	<input type="checkbox"/> No curb cut		
Traffic Signals:	<input type="checkbox"/> Not enough time to cross		
Streetlight:	<input type="checkbox"/> Broken/damaged		

Address or Hundred Block	Street Name	Quadrant	Intersection/Cross Streets
		<input type="checkbox"/> NW <input type="checkbox"/> NE <input type="checkbox"/> SW <input type="checkbox"/> SE	
Sidewalk Repair:	<input type="checkbox"/> Loose/uneven <input type="checkbox"/> Cracked <input type="checkbox"/> Too narrow <input type="checkbox"/> Blocked <input type="checkbox"/> Missing		
Curb and Gutter:	<input type="checkbox"/> No curb cut		
Traffic Signals:	<input type="checkbox"/> Not enough time to cross		
Streetlight:	<input type="checkbox"/> Broken/damaged		

Address or Hundred Block	Street Name	Quadrant	Intersection/Cross Streets
		<input type="checkbox"/> NW <input type="checkbox"/> NE <input type="checkbox"/> SW <input type="checkbox"/> SE	
Sidewalk Repair:	<input type="checkbox"/> Loose/uneven <input type="checkbox"/> Cracked <input type="checkbox"/> Too narrow <input type="checkbox"/> Blocked <input type="checkbox"/> Missing		
Curb and Gutter:	<input type="checkbox"/> No curb cut		
Traffic Signals:	<input type="checkbox"/> Not enough time to cross		
Streetlight:	<input type="checkbox"/> Broken/damaged		

Address or Hundred Block	Street Name	Quadrant	Intersection/Cross Streets
		<input type="checkbox"/> NW <input type="checkbox"/> NE <input type="checkbox"/> SW <input type="checkbox"/> SE	
Sidewalk Repair:	<input type="checkbox"/> Loose/uneven <input type="checkbox"/> Cracked <input type="checkbox"/> Too narrow <input type="checkbox"/> Blocked <input type="checkbox"/> Missing		
Curb and Gutter:	<input type="checkbox"/> No curb cut		
Traffic Signals:	<input type="checkbox"/> Not enough time to cross		
Streetlight:	<input type="checkbox"/> Broken/damaged		

❑ You should only report issues related to the following service request types:

- ❑ Sidewalk Repair
- ❑ Traffic Signals
- ❑ Curb & Gutter
- ❑ Streetlight Repair

Items to be reported to 311



Cracked or missing sidewalk



Uneven sidewalk

Items to be reported to 311



Curb cut



vs.

No curb cut

Items to be reported to 311



Working traffic light vs. Broken traffic light

Login to the Mobile App

- Login and password info:
 - The login email address
 - walk[SMD you're walking]@dc.gov
 - Eg: walk1A01@dc.gov
 - The password for all accounts
 - walk14

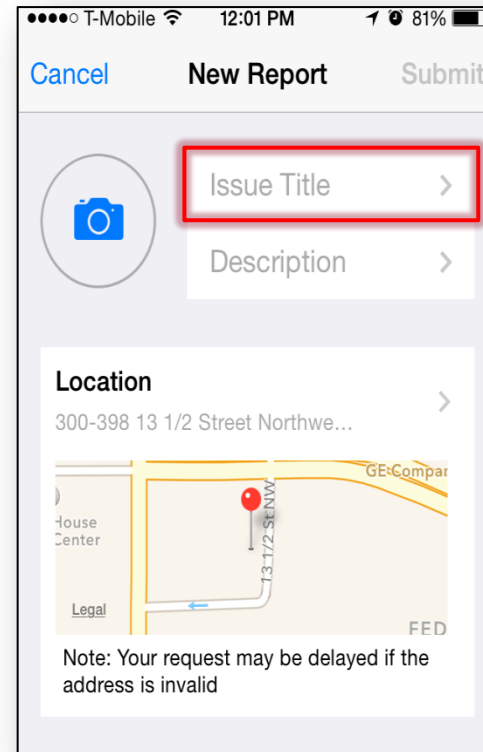


Using the 311 App



311 App Homepage

Click
Report →



Report a New Issue

Click
→
"Issue Title"

Using the 311 App

Cancel	Issue Title
	Roadway Marking Modification >
	Roadway Marking Removal >
	Safe Routes to School >
	Sanitation Enforcement >
	School Crossing Guard Program >
	Sidewalk Repair >
	Sign Missing >
	Sign New >
	Sign Removal >
	Sign Replace >
	Snow/Ice Removal >
	Speed Study Data & Map >

- ❑ You should only report issues related to the following service request types:
 - ❑ Sidewalk Repair
 - ❑ Traffic Signals
 - ❑ Curb & Gutter
 - ❑ Streetlight Repair

Select an Issue

Using the 311 App

Cancel New Report Submit

Sidewalk Repair >

Description >

Location >

300-398 13 1/2 Street Northwe...

Note: Your request may be delayed if the address is invalid

Select Description

Cancel Done

What is the issue? Required >

If possible, please identify the type of material is it? Optional >

What is the color of the material? Optional >

Has it been repaired before? Optional >

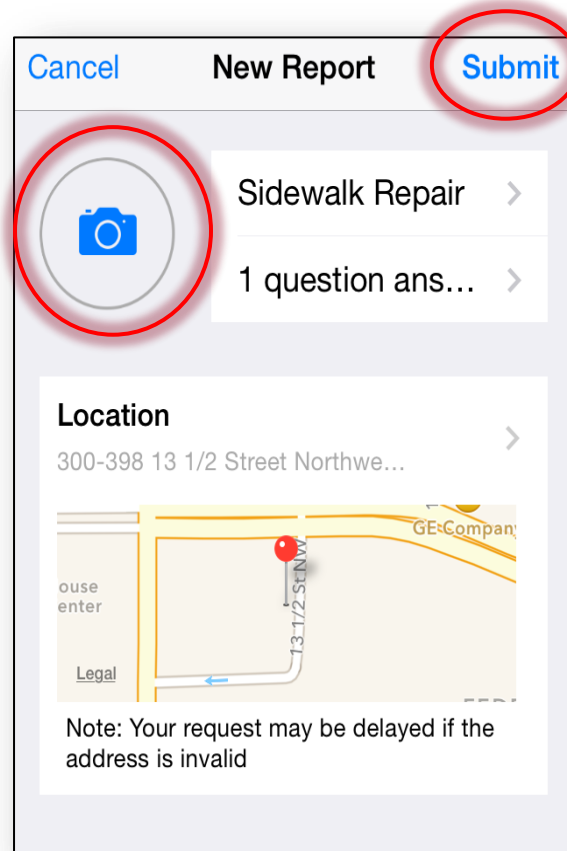
Is it hazardous? Optional >

Was there property damage? Optional >

Record as much information as possible

Click
"Done"

Using the 311 App



**Enter a picture and
Submit**

Cracked Sidewalks

- ❑ Ask yourself, if you were using a wheelchair or a stroller would you be able to comfortably move on the cracked sidewalk?
If the answer is “no”, report it.

Report



Report any cracks that are extremely deep or anytime the sidewalk is drastically uneven

Don't Report




Don't report superficial cracks or cracks that don't hinder walkability of the sidewalk

Media


- Tweet about the walk and use #AFDCwalk or @AgefriendlyDC

 Followed by DCAYA and 13 others

 **Brian Hart** @BrianHartDC · May 10
Happy to have supported #AFDCWalk w/ @AgefriendlyDC - engaging the community to make our neighborhoods safer and more walkable for seniors.

Expand ↩ Reply ↻ Retweet ★ Favorite ⋮ More

 Followed by NoMa BID and 1 other

 **Vibrant Streets** @VibrantStreets · Apr 14
Want to make #DC's streets #safer and more #walkable? Do this block by block walk audit: agefriendly.dc.gov/page/age-frien... @AgeFriendlyDC #AFDCWalk

Expand ↩ Reply ↻ Retweet ★ Favorite ⋮ More

Safety

- ❑ In case of an emergency call 911
- ❑ Stay with your team members at all times
- ❑ Please politely decline invitations to enter any home
- ❑ Be mindful of your surroundings. Pay particular attention to the use of your smartphone in public view
- ❑ Stay hydrated – visit www.tapitwater.com for sites where you can refill your water bottles
- ❑ You have a right to feel safe – if you don't, get out of the situation

Let's get started!

- ❑ Do you have all the supplies you need?
- ❑ Have you assigned each team member a role?
- ❑ Finally, review your SMD map and talk about a strategy to make sure every street is walked.

Contact Information

- **Age-Friendly DC Coordinator**
 - Gail Kohn
 - Gail.Kohn@dc.gov
 - (202) 316-4484